



GYMNAST CODE OF CONDUCT

WE ARE COMMITTED TO CREATING AN ENVIRONMENT THAT IS SAFE, POSITIVE, DEVELOPMENTAL, AND ENGAGING FOR ALL GYMNASTS. WE DO THIS BY ENFORCING THE PRINCIPLES BELOW.

RESPECT

BE RESPECTFUL, SUPPORTIVE, AND ENCOURAGING TO ALL COACHES, STAFF, AND TEAMMATES AT ALL TIME

BEHAVIOUR

BE KIND, CARING, AND CONSIDERATE TO ENSURE A SAFE, PRODUCTIVE, AND INCLUSIVE SPACE

SAFETY

FOLLOW ALL INSTRUCTIONS WITHIN THE GYM AND USE EQUIPMENT IN THE CORRECT MANNER

COMMITMENT

ARRIVE ON TIME FOR YOUR SESSION, PREPARED AND READY TO TRAIN

ATTITUDE

STAY POSITIVE, WORK HARD, BELIEVE IN YOURSELF

INTEGRITY

REPRESENT THE ACADEMY WITH PRIDE AND DEDICATION

CARE

KEEP THE GYM ENVIRONMENT CLEAN AND TREAT EQUIPMENT WITH RESPECT

COMMUNICATION

USE YOUR VOICE IN YOUR TRAINING, ADVOCATE FOR YOURSELF, AND SHARE YOUR GOALS