



RESIDENTIAL TRIPS (UK / INT)

SOUTHERN ARTISTIC GYMNASTICS ACADEMY IS COMMITTED TO PROVIDING OPPORTUNITIES FOR THEIR GYMNASTS RELEVANT TO THEIR PATHWAY AND CATEGORY OF MEMBERSHIP WITHIN THE ACADEMY. SUCH OPPORTUNITIES WILL INCLUDE RESIDENTIAL TRAINING AND REWARD TRIPS BOTH WITHIN THE UNITED KINGDOM AND INTERNATIONALLY.

APPROVAL

ALL TRIPS MUST RECEIVE FORMAL APPROVAL FROM THE ACADEMY DIRECTOR AND BE AUTHORISED THROUGH THE RELEVANT BRITISH GYMNASTICS TRIP APPROVAL PROCEDURES AND PROTOCOLS.

STAFFING RATIOS

ALL TRIPS MUST ADHERE TO THE AGREED SUPERVISION RATIOS: NON-TRAINING ACTIVITIES: 1 STAFF MEMBER TO EVERY 10 GYMNASTS AND TRAINING ACTIVITIES: 1 STAFF MEMBER TO EVERY 8 GYMNASTS.

WHERE FEWER THAN 10 GYMNASTS ARE ATTENDING, THE ACADEMY MUST PROVIDE A MINIMUM OF TWO STAFF MEMBERS OR CHAPERONES, INCLUDING BOTH A MALE AND FEMALE REPRESENTATIVE WHERE POSSIBLE AND APPROPRIATE.

CHAPERONES

FOR INTERNATIONAL TRAVEL, IN ADDITION TO THE ACADEMY STAFFING RATIOS, DESIGNATED CHAPERONES MAY ALSO ACCOMPANY THE GROUP TO PROVIDE ADDITIONAL SUPERVISION AND SUPPORT DURING TRAVEL.

AGE GUIDANCE

FOR RESIDENTIAL TRIPS, IT IS GENERALLY ADVISED THAT GYMNASTS UNDER THE AGE OF 8 DO NOT ATTEND DUE TO THE ADDITIONAL LEVEL OF SUPPORT THEY MAY REQUIRE DURING THE TRIP. HOWEVER, PARTICIPATION WILL BE CONSIDERED ON A CASE-BY-CASE BASIS.

INDEPENDENT TIME

ON CERTAIN TRIPS, IT MAY BE APPROPRIATE FOR GYMNASTS TO HAVE LIMITED INDEPENDENT TIME. IN THESE CIRCUMSTANCES: GYMNASTS MUST REMAIN IN GROUPS OF AT LEAST THREE OR FOUR. CLEAR INSTRUCTIONS WILL BE PROVIDED REGARDING: PERMITTED TIME LIMITS, DESIGNATED STAFF CHECK-IN LOCATIONS, AND AGREED GEOGRAPHICAL BOUNDARIES.

TRANSPORTATION

ALL TRIPS MUST USE PRE-APPROVED METHODS OF TRANSPORTATION, WHICH MAY INCLUDE COACH, PLANE, TRAIN, OR MINIBUS TRAVEL.

REST AND REFRESHMENT BREAKS

WHERE REST AND REFRESHMENT BREAKS ARE REQUIRED, THESE SHOULD, WHERE POSSIBLE, BE PLANNED IN ADVANCE AS PART OF THE PREDETERMINED TRAVEL ROUTE. SUITABLE LOCATIONS MAY INCLUDE MOTORWAY SERVICE STATIONS AND TRAVEL TERMINALS. DURING ALL BREAKS, GYMNASTS MUST REMAIN UNDER THE SUPERVISION AND GUIDANCE OF ACADEMY STAFF OR DESIGNATED CHAPERONES.

CLUB PHONE SYSTEM

SOUTHERN ARTISTIC GYMNASTICS ACADEMY OPERATES A CLUB PHONE SYSTEM. ALL ACADEMY STAFF MEMBERS, EXCLUDING CHAPERONES, WILL BE ISSUED WITH A CLUB MOBILE PHONE. CONTACT NUMBERS WILL BE SHARED WITH ALL GYMNASTS AND THEIR HOME EMERGENCY CONTACTS FOR USE IN THE EVENT OF AN EMERGENCY. ALL DEVICES REMAIN THE PROPERTY OF AND ARE MANAGED BY THE ACADEMY.

COMMUNICATION WITH HOME

FOR ALL RESIDENTIAL TRIPS, THE TRIP LEAD WILL PROVIDE DAILY UPDATES TO HOME CONTACTS, INCLUDING INFORMATION ABOUT THE DAY'S ACTIVITIES AND, WHERE APPROPRIATE, PHOTOGRAPHS. COMMUNICATION MAY BE FACILITATED THROUGH PLATFORMS SUCH AS WHATSAPP.

COMMUNICATION WITH GYMNASTS

FOR ALL TRIPS, GYMNASTS WHO HAVE ACCESS TO A MOBILE DEVICE WILL BE PROVIDED WITH RELEVANT ACADEMY CONTACT NUMBERS FOR EMERGENCY USE. THIS INCLUDES SITUATIONS WHERE A GYMNAST MAY BECOME LOST, SEPARATED FROM THE GROUP, OR INJURED.

NOMINATED ACADEMY EMERGENCY CONTACT

WHERE IT BECOMES NECESSARY TO CONTACT EMERGENCY CONTACTS REGARDING A SIGNIFICANT INCIDENT OR EMERGENCY SITUATION, COMMUNICATION WILL BE COORDINATED THROUGH A DESIGNATED HOME-BASED ACADEMY STAFF MEMBER. THIS ENABLES TRIP STAFF AND CHAPERONES TO FOCUS ON MANAGING THE SITUATION ON-SITE.

SIMILARLY, IF PARENTS, CARERS, OR EMERGENCY CONTACTS NEED TO SHARE URGENT INFORMATION DURING AN EMERGENCY SITUATION, COMMUNICATION SHOULD BE DIRECTED TO THE DESIGNATED HOME-BASED ACADEMY CONTACT, WHO WILL LIAISE WITH TRIP STAFF AS APPROPRIATE.

CONTINGENCY PLANNING

WE ARE COMMITTED TO ENSURING THAT ALL TRIPS AND RESIDENTIAL ACTIVITIES ARE SUPPORTED BY APPROPRIATE CONTINGENCY PLANNING PROCEDURES TO SAFEGUARD GYMNASTS, STAFF, AND CHAPERONES IN THE EVENT OF UNFORESEEN CIRCUMSTANCES. PRIOR TO TRAVEL, CONTINGENCY ARRANGEMENTS WILL BE PREPARED AND SHARED WITH RELEVANT STAFF MEMBERS.

IN THE EVENT OF AN INCIDENT, THE TRIP LEAD WILL IMPLEMENT THE APPROPRIATE PROCEDURES, WITH SUPPORT FROM THE DESIGNATED HOME-BASED ACADEMY EMERGENCY CONTACT WHERE NECESSARY.

SHOULD DELAYS, CANCELLATIONS, ILLNESS, INJURY, OR OTHER UNEXPECTED SITUATIONS ARISE, THE SAFETY AND WELFARE OF ALL GYMNASTS WILL REMAIN THE PRIORITY, AND PARENTS OR EMERGENCY CONTACTS WILL BE INFORMED AS SOON AS REASONABLY POSSIBLE. ALL STAFF AND CHAPERONES ARE EXPECTED TO FAMILIARISE THEMSELVES WITH CONTINGENCY ARRANGEMENTS PRIOR TO DEPARTURE.

MEDICATION

ALL MEDICATION BROUGHT ON A TRIP MUST BE CLEARLY LABELLED AND ACCOMPANIED BY WRITTEN INSTRUCTIONS FROM PARENTS OR CARERS WHERE REQUIRED. GYMNASTS MUST DECLARE ANY MEDICATION PRIOR TO DEPARTURE, AND STAFF MAY SUPERVISE THE ADMINISTRATION OF MEDICATION WHERE APPROPRIATE AND AUTHORISED.

MEDICAL

ALL RELEVANT MEDICAL INFORMATION MUST BE COLLECTED PRIOR TO TRAVEL, AND STAFF MUST HAVE ACCESS TO EMERGENCY MEDICAL AND CONSENT INFORMATION THROUGHOUT THE TRIP. ANY ILLNESS OR INJURY OCCURRING DURING THE TRIP MUST BE REPORTED TO THE TRIP LEAD AND RECORDED APPROPRIATELY.

EMERGENCY TREATMENT

IN THE EVENT OF AN ACCIDENT, ILLNESS, OR MEDICAL EMERGENCY, ACADEMY STAFF WILL TAKE ALL REASONABLE STEPS TO ENSURE APPROPRIATE TREATMENT IS OBTAINED AS QUICKLY AS POSSIBLE. BY CONSENTING TO PARTICIPATION IN THE TRIP, PARENTS AND CARERS AUTHORISE STAFF TO SEEK EMERGENCY MEDICAL TREATMENT WHERE NECESSARY IF THEY CANNOT BE CONTACTED IMMEDIATELY. ALL INCIDENTS AND TREATMENT PROVIDED MUST BE RECORDED AND COMMUNICATED TO PARENTS OR CARERS AS SOON AS REASONABLY POSSIBLE.

ALLERGIES

ALL ALLERGIES, INCLUDING FOOD ALLERGIES, MUST BE DISCLOSED PRIOR TO TRAVEL. STAFF AND CHAPERONES MUST BE INFORMED OF ANY SERIOUS ALLERGIES AND THE APPROPRIATE EMERGENCY PROCEDURES, WITH REASONABLE MEASURES TAKEN TO MINIMISE EXPOSURE TO KNOWN ALLERGENS.

DECISION TO TRAVEL

THE DECISION REGARDING A GYMNAST'S SUITABILITY TO ATTEND AND PARTICIPATE IN ANY TRIP OR RESIDENTIAL ACTIVITY WILL REST WITH THE ACADEMY DIRECTOR. THIS DECISION WILL BE MADE FOLLOWING CONSIDERATION OF THE GYMNAST'S INDIVIDUAL NEEDS, WELFARE, BEHAVIOUR, MEDICAL REQUIREMENTS, AND THE ACADEMY'S ABILITY TO PROVIDE APPROPRIATE SUPPORT AND SUPERVISION THROUGHOUT THE TRIP.

RISK ASSESSMENTS

A RISK ASSESSMENT MUST BE COMPLETED PRIOR TO ALL TRIPS AND RESIDENTIAL ACTIVITIES, TAKING INTO CONSIDERATION TRAVEL, ACCOMMODATION, TRAINING VENUES, ACTIVITIES, AND EMERGENCY PROCEDURES. RISK ASSESSMENTS SHOULD BE REVIEWED AND UPDATED WHERE NECESSARY THROUGHOUT THE DURATION OF THE TRIP.

SAGA
INSPIRING AMAZING